

Local fat percentages

Determination and documentation of local fat values

Report for Jane Doe

Sex: female | Date of birth: 13.04.1982 | Height: 165 cm

General Advice

The measurement of localized fat values are used to document and identify local changes. All measured values are local levels in percent fat (%) and may differ considerably from the total body fat.

Your local fat percentages

Front view

Breast (R)					Breast (L)
FM	21,7				21,6
RM	19,6				19,7
Stomach					
FM	21,9				
RM	18,4				
Thigh front (R)					Thigh front (R)
FM	21,3				21,3
RM	19,7				19,8
Thigh low (R)					Thigh low (R)
FM	20,2				20,3
RM	18,7				18,8
Ankle (R)					Ankle (R)
FM	19,8				19,7
RM	18,0				18,1

Rear view

Shoulder blade (L)					Shoulder blade (R)
FM	21,3				21,5
RM	18,2				18,1
Waist (L)					Waist (R)
FM	21,9				21,9
RM	19,6				19,6
Buttocks (L)					Buttocks (R)
FM	20,8				20,8
RM	17,9				17,8
Thigh side (L)					Thigh side (R)
FM	22,4				22,5
RM	20,1				20,0
Thigh rear (L)					Thigh rear (R)
FM	22,3				22,5
RM	20,7				20,7
Calf (L)					Calf (R)
FM	21,0				21,0
RM	20,2				20,3